Basic schedule Witches and Wizards event



AUTHENTICY

NATURE

CONNECTION

Saturday 3rd May 10am - Monday 5th May 11am Sunrise 6:15am, Sunset 5:15pm

Map of location:



The Sine Cera facility is well spaced out as can be seen in the map. It has 3 buildings – two for accommodation and one Main Hall/Kitchen with a large commercial kitchen / cold room.

The older-style facility is quite basic. It has 13 twin share rooms, and 7 x 10-person bunk rooms, which is perfect for what we need. **Linen and kitchen facilities are included** in the accommodation pricing. We have semi-catered for the event to save on catering costs, which means we've been able to arrange lots of special talent to deliver some unique experiences, along with a few jumping castles to keep the kids stoked! Closer to the event, catering teams will be selected which will help with the admin of lunch and dinner times.

Please note details below:

- Saturday and Sunday Lunch and Dinner provided.
- Breakfast is BYO and DIY (coffee machines will be ready to go)
- BYO camping chairs for firepit
- BYO swimmer and towel, as there is a creek to swim in!
- BYO outdoor rugs and cushions if you want for lounging around in nature!
- BYO yoga mats, eye-mask/eye-pillow and light blanket if you have one (for lying flat)
- BYO plates, cutlery and bowls if you can. This will save the paper plates
- BYO alcohol NB: make it your intention to keep a "wellbeing" theme to this event
- If you feel inspired to share, BYO story, poetry and jokes!
- Dress-up is encouraged BOHEMIAN, RELAXED, HIPPIE ...whatever you're vibing.
- Feel free to BYO a small gift or favourite book, and give it unexpectedly, to anybody.
- You are encouraged to journal along the weekend.
- Bring your best vibes, and watch the group dynamics flow into a natural HIGH!
- LOVE LOVE LOVE LOVE LOVE LOVE LOVE

Saturday 3rd May

10am arrival to Sine Cera – unpack and find rooms etc

10:30-11:30am - Orientation MAIN HALL - Stroll and explore the grounds. Creek swim if weather permits.

 $\textbf{11:30-12:30} \ \mathsf{MAIN} \ \mathsf{HALL} \ \mathsf{-} \ \mathsf{Lunch} \ \mathsf{stew} \ \mathsf{and} \ \mathsf{sliced-bread} \ \mathsf{butter} \ \mathsf{/} \ \mathsf{Remedy} \ \mathsf{drinks} \ \mathsf{/} \ \mathsf{ice-creams} \ \mathsf{either} \ \mathsf{near} \ \mathsf{creek} \ \mathsf{or} \ \mathsf{at} \ \mathsf{KITCHEN}$

Catering team A

BYO bowls / plates / cutlery

12:30-1:30 pm (1st part of Hero's Journey – The Departure – call to adventure) Welcome to the retreat and Opening Ceremony in **MAIN HALL or PICNIC AREA TEE-PEE**

1:30-230pm - All ages all-inclusive games event MAIN HALL OR FIELD (Belle)

2:30pm Return to **KITCHEN**– water & snacks if needed. Parents ready kids for 2 hours.

3pm Kids activity MAIN HALL OR FIELD with supervisors (Maria and Almu)

3:30pm Sound Bath Experience Miky and Olga BUNK HOUSE BYO Journal, Yoga mat, blanket/throw, eye-mask/eye-pillow

515pm 10-15min journal / quiet time

5:15pm Free time and re-connect with Kids for dinner preparations MAIN HALL

530 pm Kids dinner served BYO bowls / plates / cutlery Catering Team B

6-730pm Movie night for kids MAIN HALL

6:00 pm Dinner – invitation for poetry/jokes/yarns/storytelling

730-8pm – Kids to bed – Maria and Almu to monitor : one in bunk house, the other in twin share house.

8 pm onwards Firepit
Specialty Beverage SWOT team
Or BYO Drinks
BYO Cups

Optional Headset experience

Sunday (May the fourth be with You)

Optional Sunrise Session 5:30am (Sunrise 6:15am) Location TBA

6am-7:30am Sunday morning breakfast MAIN HALL BYO/DIY BREAKFAST BYO bowls / plates / cutlery

7:30am: Intro to the day (*The Initiation – 2^{nd} part of Hero's Journey*): meet at **MAIN HALL** summary of the day's events

Specialty Beverage team

Morning game: (Crofty)

Group stretch and dance MAIN HALL

BYO Yoga mat

8:30am - optional story sharing

10 am: Kids activities - (Marai and Almu) start in MAIN HALL / FIELD

10am Session with Mel (Adults only)- BUNK HALL

BYO pillow and yoga

12:30 - 1pm: Lunch - located MAIN HALL

Catering Team C
BYO Plates / cutlery

2pm Group session with Adrian MAIN HALL

3:30pm – 4:30pm: Masculine and Feminine empowerment session (2 locations TBA)

4:30pm-5:30pm SUNSET DANCE AND PARTY Tee-Pee / FIELD

530 pm Kids dinner MAIN HALL 6-730pm Movie night for kids MAIN HALL 6:00 pm Dinner adults Catering Team D

730-8pm – Kids to bed

8 pm onwards Firepit evening - story telling - silent disco!

Monday 5th May

7am breakfast DIY

8am (*The Return –3rd part of Hero's Journey*) Group Circle stretch and move

9am Kids Jumping Castle9am Adults De-brief and discuss

10am Closing Ceremony11am Departure

11:30am Bonus Carpark gathering and views from Border ranges Carpark (10min away)